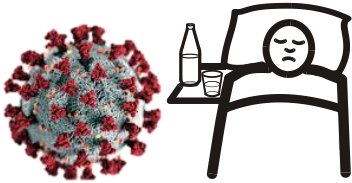NHS
Nottinghamshire Healthcare
NHS Foundation Trust

Who can get very poorly?

Some people can get **very poorly** if they catch Coronavirus

These people are called **vulnerable**

Vulnerable people who might get very ill are:

People with

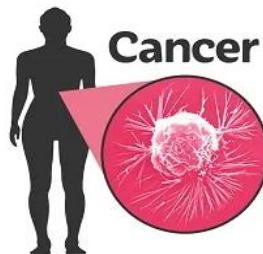|		
Heart problems	Breathing problems like asthma	Brain problems
Diabetes	Another illness like cancer	Other health problems that can make you poorly
	Downs syndrome	

People who are:	

From ethnic minorities	65 years old or more	Taking some types of Medication

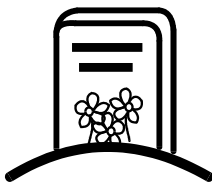|	
	Very poorly people might need to go to **hospital** to help them get better
	They might need: • **Machines** to help them **breathe**
	• **Machines** to keep them **alive**
	Sometimes people can **die**
	Most people **get better** This can take a **long time**