

OneWalk 2018 - How To Get Involved

The date is **Thursday 21st June, 11am - 12 midday**. The meeting site is Market Place, Mansfield and the walk is on paths around the town.

The map of route is on the attached flyer.

OneWalk is held during Learning Disability Week which gives it extra pertinence.

This year's campaign is '**What if....**'

We want to give people with intellectual disabilities a louder voice and hopefully the '**What if...**' call and response style campaign will do this.

Here is a link to this year's promotional film that will give you a flavour of the 'What if...' campaign

<https://www.facebook.com/equalsafelivinglife/videos/596956850661286/?t=11>

Walkers will make the 'call' by completing the '**What if.....**' sentence and walking with this on a banner which will encourage the public to 'respond' to it.

So, for example, one woman we work with who has Down Syndrome said:
What if...I could get on a bus without people calling me names

This young woman would make this into a banner to use on the walk.

The wider public would see this and hopefully be called to respond, either by just changing their thought process about learning disability or filling in a pledge card on the day to be the change we want to see in society.

How to make a banner

We are asking that groups and individuals to finish the '**What if...**' sentence with something that they would like to communicate to the wider public and businesses.

Attached is an example of how the banner can look and although it is up to each person how they create their banner we recommend that it is mainly text and as big a font as possible. This way people will be able to see it clearly. A1 would be great!

This is an exciting event and lots of people attend so please come along and use it to get your voice can be heard.

The day is uplifting and empowering for all involved but to ensure the event is celebratory we will have learning disability choir, Atmosphere Glee, singing from 10.30am and Mansfield District Corps of Drums leading the walk.

Please do get in touch if you would like more information or for us to visit you and let you know how to get involved.

Join us and make your voice heard!

What if...

What if... is a call and response campaign and an opportunity to get the voices of people with learning disabilities and autism heard by the wider community.

Please use this template to create individual requests to the What if... sentence.

This is an A4 template but to make the 'call' visible please use A3 or A1 so that the wider community can clearly read what people want to communicate.

Many thanks and let's use OneWalk to foster understanding and community cohesion.