

Dale Hartley 1 page profile

How to Support Me

Dale has a Personal Assistant and Friend Tracy who supports him to attend meetings, exercise at Hydrotherapy, go out to live shows, visit the Library and take part in ten pin bowling and Boccia.

If it is warm please remember that Dale will probably want to take off his coat please ask him. If it is cold for you please remember to put on his coat. Dale may be cold if he is sitting all day, especially around his legs.

Should Dale request pain relief medication, for his dislocated right hip, two Paracetamol capsules should be given.

Hydrotherapy is the only exercise that Dale can take, therefore a healthy balanced diet is essential, with occasional treats

What People Like and Admire about Dale

- Dale is friendly, polite and loves to laugh and joke with a fantastic sense of humour
- Good at getting involved in things and at speaking up for other people

What is Important to Dale

- Being a member of the Nottinghamshire Learning Disability Partnership Board

- Being a member of the Personal Centered Action Group, a trained Personal Centered Planning facilitator and enjoys helping to train others and getting involved in events and the social firm especially with my Buddy Eddie.
- Listening to his favorite music, Queen and Paul Rodgers, McFly, Paul McCartney, Eric Clapton, Frank Sinatra, Michael Ball and Music by Andrew Lloyd Webber.
- Watching Reality T.V. shows particularly Fire, Ambulance and Police Services or Comedies such as Only Fools and Horses, Dads Army
- Going to Friary and Whitewater day service especially bowling and Bingo with all his friends
- Going to see live shows and meeting the stars.

